

Tips to be non-judgemental

Here are some tips of how to not be judgmental and choose to live out your life in gentleness with peace towards others, based on an article by Crystal McDowell, a freelance Christian writer.

Tip #1) **Seek before you speak**

The easiest way to bring an offence is to speak before you seek wisdom from God. There's a time to speak up and a time to be quiet. Wisdom gives you the insight of the best time for you. **The Lord gives wisdom to all those who ask him in faith.**

Tip #2) **Develop an awareness and sensitivity towards others who've made bad choices.**

People carry more guilt, shame, and regret inwardly than anyone could put on them. Being sensitive means that you're recognizing God's grace towards healing and restoration, not condemnation. **It's important to reflect on how you would want to be treated, if you were in that situation.**

Tip #3) **Resist the temptation to make quick opinions about people you know (or don't know).**

Eli was quick to judge Hannah when she was doing the right thing. We have no idea of the reasons why people speak or act in the manner they do. It's not our responsibility to make everyone appear righteous. **God is more concerned with their hearts and that's where he does his greatest work in us.**

Tip #4) Accept the truth that only God knows everything about every person.

No matter how long a person has been in the Lord—they never stop learning more of him. Only the Lord can see the hearts and minds of people to know their motives. **We can only speculate based on their actions which may or may not reveal the true story.**

Tip #5) Pray for those who walk in darkness to come to the light of Christ.

While we were still in our sinful ways, the Lord was making intercession for us. As believers, we are like Jesus when we pray for those who are lost rather than make judgments about them. **God works a great love in our hearts when we intercede with many prayers and supplications for unbelievers.**

Tip #6) Be open-minded about the different ways people choose to worship God.

The body of Christ is much larger than any one local church. Many churches have an adopted style of worship that may not work for everyone. **We can love one another and remain united in our determination to build the kingdom of God even if we don't worship in the same manner.**

Tip #7) Think about how Jesus interacted with the “sinners” during his earthly ministry.

Jesus was accused for his insistence on connecting with sinners, tax collectors, and Gentiles. He remained focused on God's will for his earthly ministry without missing opportunities to show love and kindness to those on the outside. **We are his disciples when we interact with loving kindness and gentleness minus a judgmental attitude.**

Tip #8) **Respect the diversity within the body of Christ throughout the world.**

How boring the world would be if God created us to all look the same, act the same, and dress the same! The body of Christ is a beautiful, complex, and unique arrangement of believers from all walks of life, yet connected by one Spirit of God. **We are all a part of the church regardless of our traditions, race, ethnicity, or any other differences—we are united in Jesus.**

Tip #9) **Understand what the Bible says about speaking truth with a loving attitude.**

Speaking the truth in love (especially to someone who's deceived by sin) will take much time and patience. If we get flustered and in a hurry for someone to change, then we're not really trusting in God to move in their hearts. **A heart needs to be ready to receive truth.**

Tip #10) **Shine the light of Christ in such a way that people are drawn to Jesus and not driven away.**

The light of Jesus that shines from within us isn't a piercing and judgmental glare, but rather a warm glow of his presence. When people sense your respect, sincerity, and

gentleness, they will respond to Christ. **Let the light of Jesus be the footprint you leave behind in any situation.**